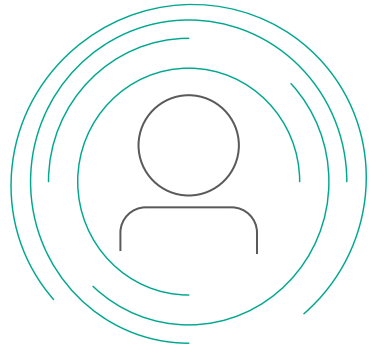


# QUAD II

A WORKSHOP TO HELP  
IMPROVE PERSONAL EFFECTIVENESS  
AND YOUR PRODUCTIVITY

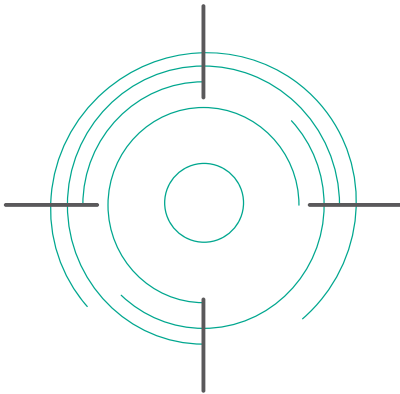
# QUAD II IS PRODUCTIVITY NIRVANA

Quad II is for those who wish to enhance their focus and productivity on a daily basis. The program identifies factors that may be hindering self-mastery and inspires people to move from tired tactics to energizing vision, with the power of personal vision and storytelling.



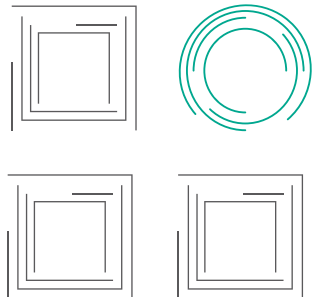
## OBJECTIVES

This is a workshop that enables you to identify levers for change in your daily routine. A lever of change is an aspect of your routine that affects the quality of your output. For example, the amount of time you spend on focused work without distractions affects the end outcome of your work. Do you manage distractions from colleagues and superiors well? Do you deflect less priority distractions and find a way to integrate 'strategic' distractions?



## KEY DIFFERENTIATOR

Unlike other workshops that focus on strategies and tactics, this workshop gets to the heart of the problem: identifying the disabling 'story' in your head that is keeping you from higher levels of personal effectiveness.



# A POWERFUL 7 PART MODULE



Boost your productivity with focused execution



Clean up – let go of bad habits, ineffective and unproductive routines



Task management for powerful results



Kick ass – be passionate, committed, and relentless



Own your day with tools and techniques to increase your output



Progress > perfection; so start now!



Take the team along – because you can't win alone

## SUITABLE FOR

Executives and Leaders with over 8 years of experience:  
Managers and Senior Managers

People who work with teams and want to be more focused

People who need to multi-task with tight deadlines

People who tend to procrastinate and manage work less than optimally

# WHAT'S INVOLVED

Minimum participants: 8

Maximum participants: 20

A combination of:



Lectures



Videos



Group activities



Discussions

## AFTER THE WORKSHOP, YOU CAN SEE

- People identify and enhance 'levers of change' that will make them appreciate themselves better in order to get better.
- Managers take ownership of their goals and to constantly be driven by the intent to succeed for themselves and people around them.

### ABOUT CHAPTER TWO

Chapter Two Coaching is a coaching consultancy that enables everyone from CEOs to work-from-home parents to achieve their goals by replacing self-imposed limitations with enabling stories.

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📘 ChapterTwoCoaching

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